

HOW SOCIAL DISTANCING REDUCES THE SPREAD OF COVID-19

COVID-19 spreads mainly among people who are in close contact (within about 6 feet) for 15 minutes or more. For that reason, the recommendation is to keep a safe space of 6 feet between yourself and other people who are not from your household.

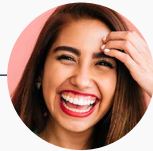


WHEN TO KEEP SOCIAL DISTANCING

“ I’m vaccinated but whenever I go out, I keep my distance and wear a mask. I’m a careful old-timer. ”

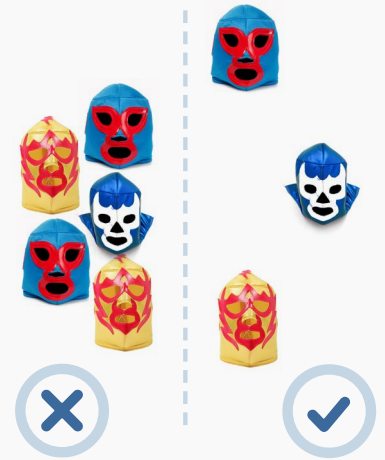


“ Two weeks after I get my second shot I’ll surprise my *abuela* with a visit. Can’t wait. ”



SHOULD I SOCIALIZE IN-PERSON?

Be smart about choosing in-person social activities. Choose outdoors over indoor gathering; socialize with small groups; and keep social distancing from people who are not from your household.



6ft DISTANCE AFTER GETTING THE VACCINE?

Fully vaccinated individuals no longer need to wear a mask or physically distance themselves in any setting except as required by federal, state, local, first nation, or territorial regulations, including local business and employment guidance.

Learn the facts about COVID-19 vaccines at www.poderensalud.org or visit www1.nyc.gov/site/doh/covid/covid-19-vaccine-facts.page. To obtain your vaccine visit <https://vax4nyc.nyc.gov> or to schedule it by phone call or 877-829-4692.

WHEN TO PRACTICE SOCIAL DISTANCING?

If you are not vaccinated or are vaccinated and have a condition or take a medicine that weakens the immune system, practice being 6 feet apart very time you are around people who are not from your household, whether indoors or in outdoor spaces. Whenever social distancing is difficult or not possible (i.e., public transportation) make sure you are wearing your mask properly (fully covering your nose and mouth).

