

PROTECT YOURSELF AND YOUR LOVED ONES

COVID -19 Fact Sheet

The virus spreads in the same way as other coronaviruses: through respiratory droplets spread by coughing or sneezing.



Wearing a mask does not replace COVID 19 preventative measures like vaccinating, isolating when positive, testing when exposed, hand washing, and physical distancing to reduce the spread of COVID- 19.

Masks prevent people who do not know they have the virus from spreading it to others.



Getting vaccinated for COVID-19 remains the best way for New Mexicans to protect yourself and your loved ones from COVID-19.

Vaccines are safe, highly effective, and free. Booster shots extend a vaccine's protection and helps protect against new variants.



Everyone 5 years and older should receive a booster shot, when eligible.

Getting tested for COVID-19 when exposed, with or without symptoms, helps reduce the spread of the virus.

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Be Brotherly.